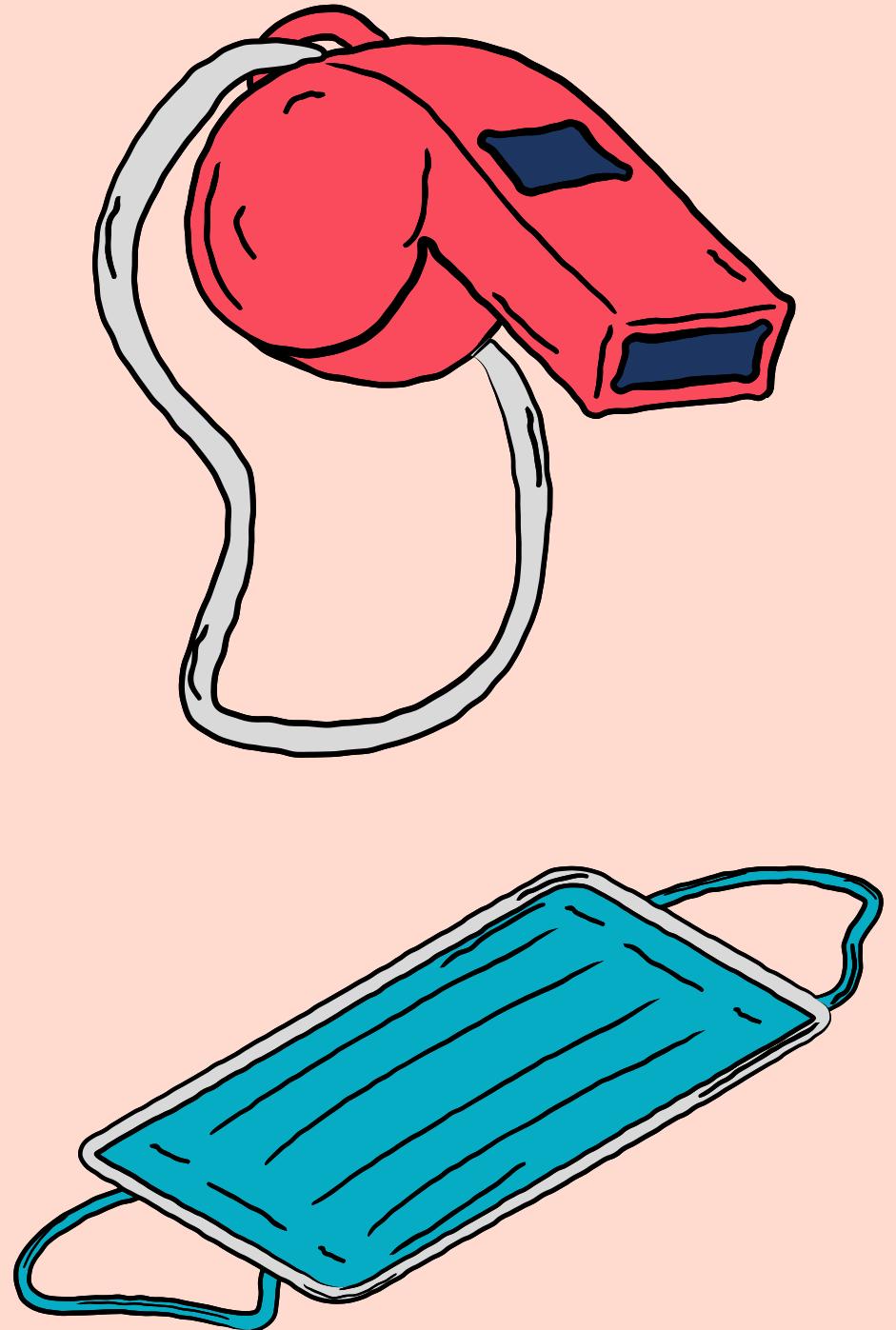




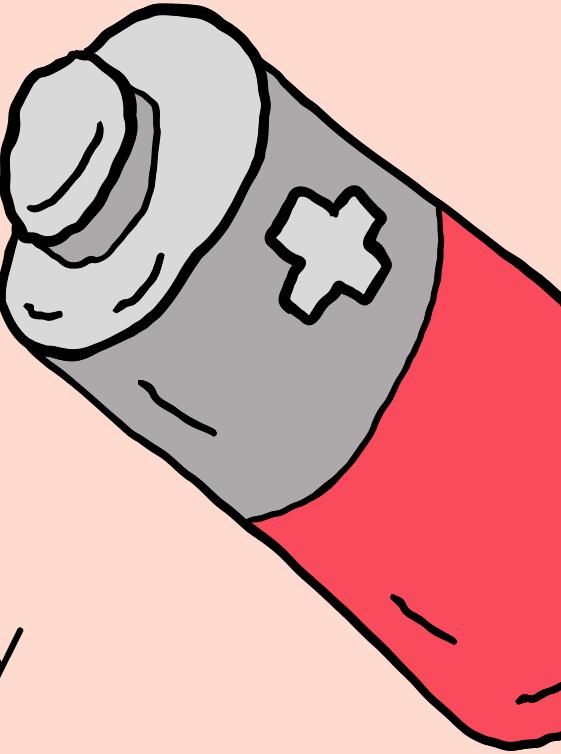
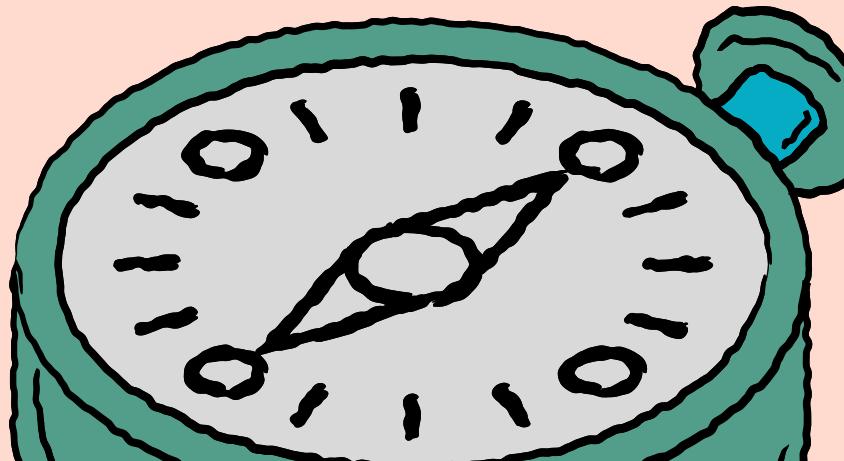
Emergency Preparedness

What You Need to Survive



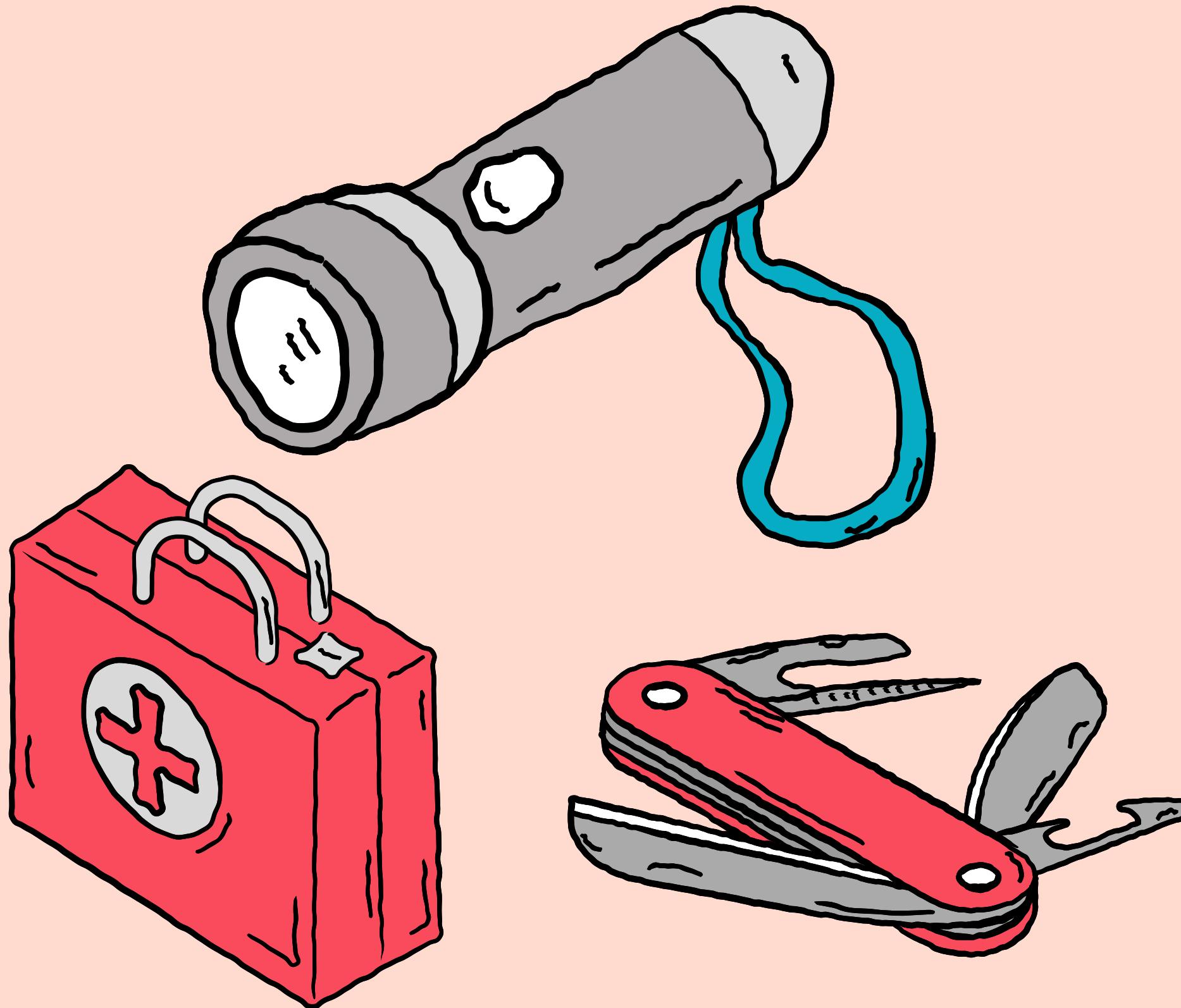
Why Emergency Preparedness Matters

Disasters can strike at any time. Being prepared means having the tools, knowledge, and mindset to protect yourself and your loved ones.



What You Should Always Have

Water, food, medicine, flashlight, multi-tool, first aid kit, and protective gear are the backbone of any emergency kit. Keep them accessible and up to date.



Staying Nourished

Stock canned goods, pet food, water bottles, and purification tablets. Aim for at least 3 days' supply per person in your household.



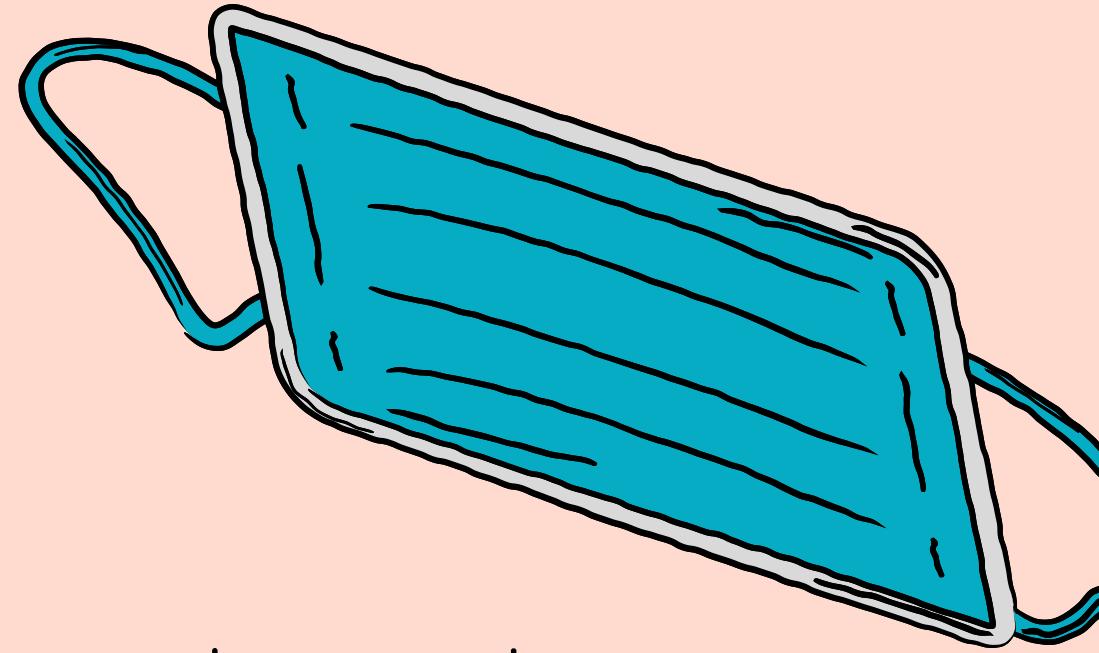
Health Comes First

Bandages, antiseptics, basic medication, gloves, and masks are critical. Knowing how to use them can save lives during medical emergencies.



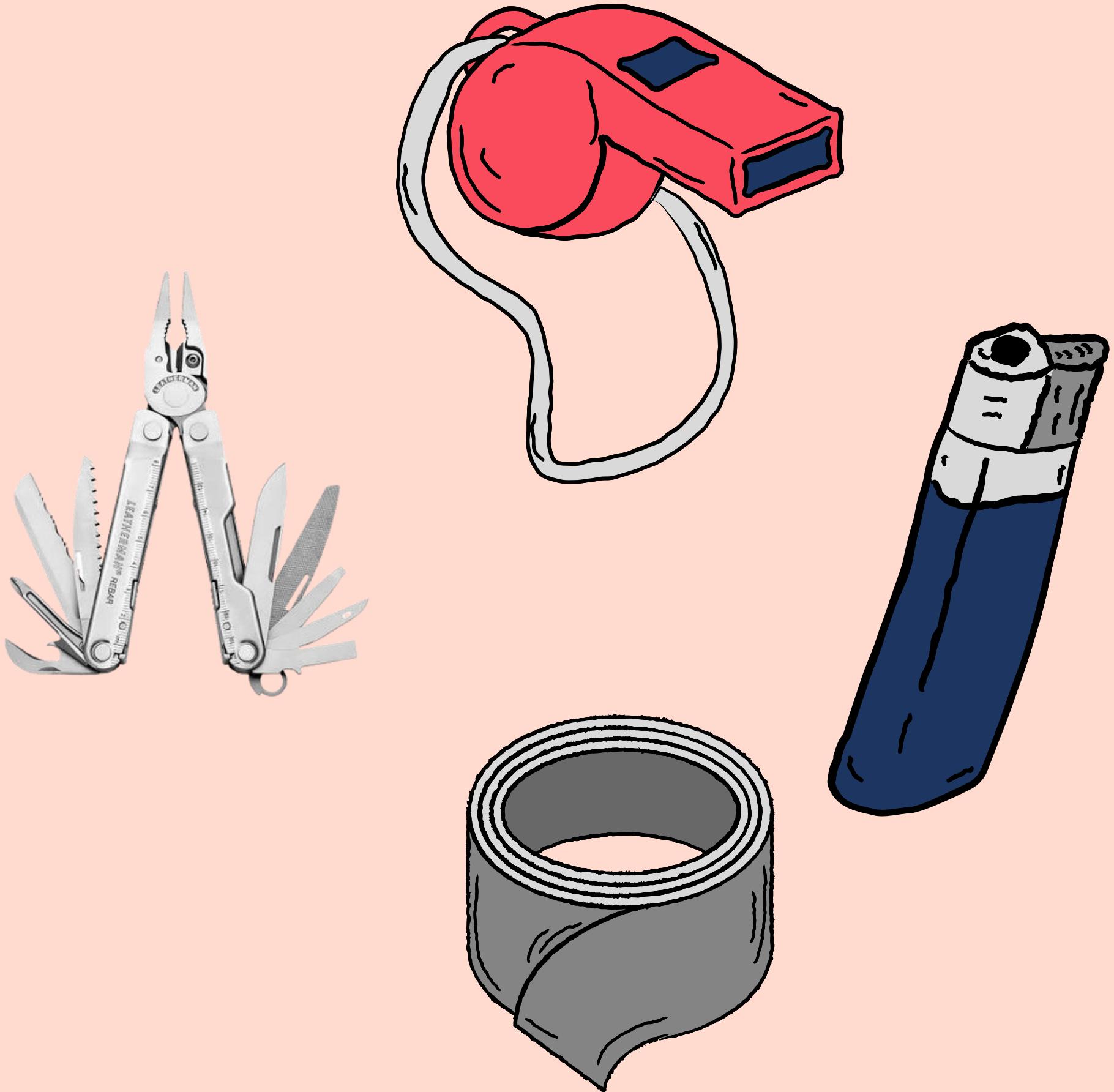
Protect Yourself

Include gloves, goggles, masks, and sanitizer. These protect against contaminants, debris, and disease—especially in natural disasters or pandemics.



Practical Equipment

Flashlights, multitools, whistles, duct tape, and lighters are must-haves. These tools support survival in power outages, evacuations, and field situations.

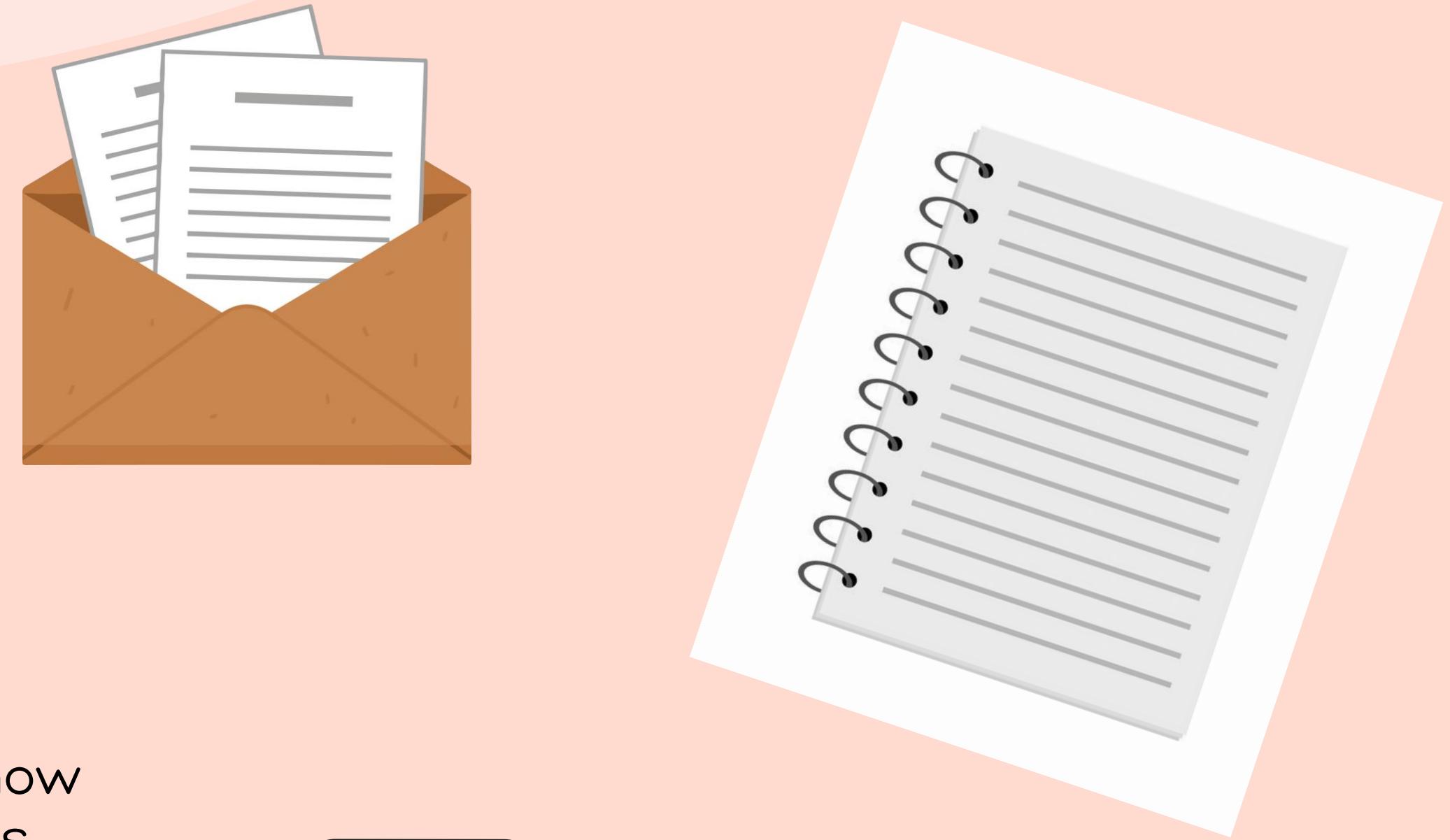


Staying Informed

Radios, maps, emergency contact lists, and a working phone or power bank ensure you stay connected and informed during critical situations.

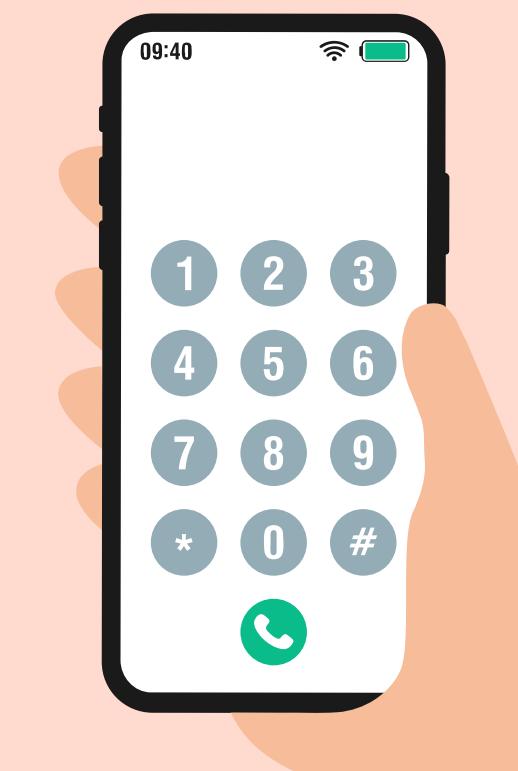


Emergency Binder



Create a family emergency plan, know evacuation routes, and practice drills.

Keep important information, emergency contacts handy, either in print and/or a file on your phone or in the cloud where you can access it easily.



PREPARE NOW AT LOW TO NO COST

Look for deals at garage sales and thrift stores. You may find items like camping gear, tools, cookware, etc. at a lower price.

Have a family evacuation plan.

Download free preparedness resources at ready.gov/be-informed

Consider adding older clothing that still fits well to your disaster kit.

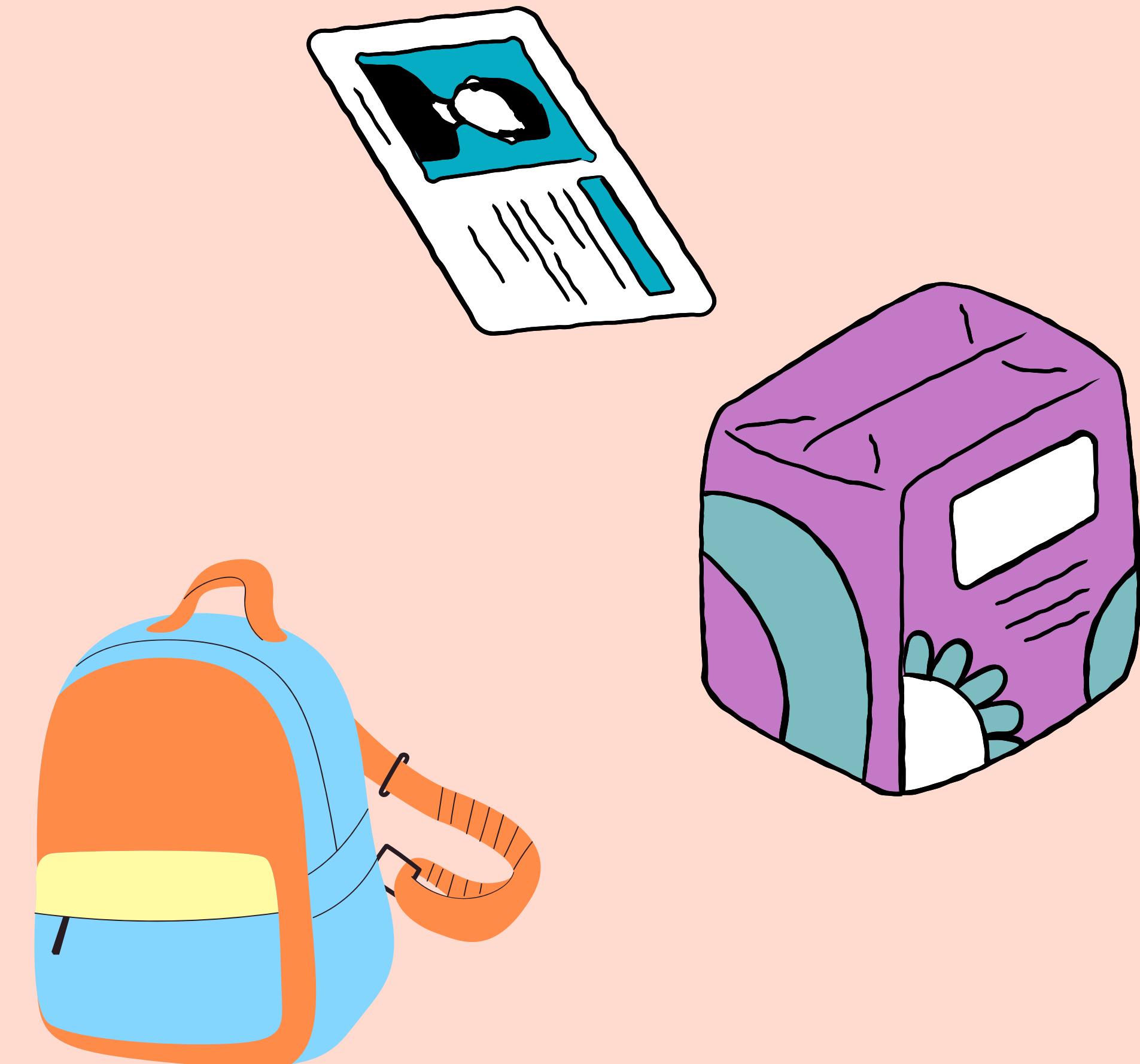
Sign up for local emergency alerts to receive life-saving information.

Create a free emergency communication plan on ready.gov/plan-form.

LEARN MORE:
ready.gov/low-and-no-cost

Be Proactive, Not Reactive

Create a family emergency plan, know evacuation routes, and practice drills. Preparedness is about mindset as much as materials.



Ready for Anything

Emergencies can be unpredictable, but preparation puts control back in your hands. Start building your emergency kit today—your safety depends on it.

